Seva
Gifts of Sight
www.seva.org/mygifts
Seva Foundation partners worldwide to create self-sustaining programs that preserve and restore sight.

How Your Gifts Restore Sight

Your Gifts of Sight

In Over 22 Countries
Imagine a World Free of Avoidable Blindness

Imagine arriving in a small village far from your home after walking for days or riding for long hours in a jeep, bus or oxcart.

Imagine waiting, in a long line of people, to see an eye doctor, perhaps for the first time ever.

Imagine… the bandage is removed, a moment of surprise, then seeing the faces of loved ones for the first time in years — the miracle of vision restored.

Imagine knowing you have profoundly changed someone’s life forever with your gift to Seva.

Through your Gifts of Sight you can make miracles happen!

Seva’s First Surgeon in Tibet

Dr. Wangdu, the first Seva-trained cataract surgeon in Tibet, continues to work at People’s Hospital No.1, Eye Department, Lhasa. He has performed at least 5,000 sight-restoring, life-changing surgeries.
Every five seconds someone in the world goes blind.

International Sight Program

Eighty percent of the world’s 39 million blind people would be able to see again — to go to work, care for themselves and their families, go to school — if they only had access to eye care.

Because of generous gifts like yours, Seva and our partners have helped restore sight to over 3.5 million blind people around the world!

Shamimu did her school work in Tanzania by resting her chin on the page so she could see. Her spirit as well as her school work suffered and she faced a grim future. After her surgery Shamimu could see again. Happily she returned to school with new confidence and brighter days ahead.

An appropriate GIFTS OF SIGHT card will be sent for your gift.
**Give Sight to a Blind Person**  $50
Provide a 15-minute cataract surgery and give the gift of sight. Your meaningful gift will allow someone to see again!

**Train Women to Provide Eye Health Care**  $150
Train a female health care worker how to prevent blindness. With meaningful work in their community, these women gain economic security and ensure that people can see today and in the future.

**Give Sight to a Child**  $100
Restoring sight to a child is a gift that lasts a lifetime. This gift provides a child with specialized pediatric surgery and follow-up care. An entire family benefits when a child regains vision. Now able to attend school, a child’s life is changed forever.
International Sight Program (continued)

Mobilize an Eye Care Team in Africa $75
Help train and equip an eye care team to prevent blindness and restore sight in underserved communities in Africa. Your gift educates local staff in the latest techniques and equips them to extend eye care services in remote villages where no other care is available.

Screen and Provide Eyeglasses for 10 $150
Improve 10 people’s lives with your gift! Support the screening and provision of eyeglasses for 10 people in remote regions where Seva works. Glasses help children to read and stay in school and elders to maintain their independence.

Help a Woman See $35
Two-thirds of the world’s blind are women. Give a woman living in a poor rural area the eye care services she needs. Your gift ensures she avoids low vision and blindness.

Sponsor an Eye Camp and Outreach Services for One Day $1,500
Restore sight to as many as 30 people! In the most remote regions of Nepal, Tibet, Cambodia and Guatemala, your gift enables Seva to run a remote eye camp for one day.

Sponsor a 10-Day Eye Camp $15,000
Give 300 people the gift of sight! When you sponsor a 10-day mobile eye camp in Nepal, Tibet or Cambodia you are providing over 1,000 eye exams and 300 sight restoring surgeries. For more details please call us toll free (877) 764-7382, ext 318.

80% of the world’s blind people could see if they had access to eye care services.

An appropriate GIFTS OF SIGHT card will be sent for your gift.
Equip an Operating Room in Cambodia $75

With the right equipment in the right space, our doctors and assistants perform quality surgeries for more people. Contribute to the purchase of cataract surgery sets and tools needed to equip a functioning operating room. Seva-supported services provide 25% of all eye surgeries performed in Cambodia.

Expand Mayan Eye Care in Guatemala $35

Help reach vulnerable communities in rural Guatemala with vital eye care services. People previously without access to an eye doctor will now be able to go to a local eye clinic for professional care. Your gift provides eye exams, free or low-cost eyeglasses, medication to cure infections, and other essential eye care services.

Lively 84-year-old Doña Julia was unaccustomed to spending her days alone in her house in remote Guatemala. Bilateral cataract surgery restored her vision and her independence. Doña Julia now cleans her own house, makes her morning coffee, feeds her chickens and delights in seeing her grandchildren!
Opportunities for Women and Girls

$100 (or any amount)

Change a woman’s or girl’s life forever! You can open new doors for the women and girls around the world who have less access to health care and fewer economic opportunities.

Your gift helps restore a woman’s or girl’s eyesight in places where they are still twice as likely to suffer avoidable blindness as men.

“Seva has given so much help to so many thousands of people for so many years — such a wonderful example of love in action.”

Bonnie Raitt, Singer/Songwriter
Sunga could afford to bring only 3 of his 4 daughters to the Seva eye camp in Tibet. Seva’s Dr. Sonam hired a motorcycle to transport the youngest daughter to camp so that all the sisters could receive cataract surgery. Nothing could take away the smiles and hope they felt for the first time in their lives when they could see again.
How It Works

1. You Choose Your Gifts
   Three easy ways to order:
   - Online at www.seva.org/mygifts
   - Call toll free 1-800-223-7382
     9am – 5pm, Monday – Friday
     Pacific Time
   - or Mail in attached donation form.

2. Receive A Gifts of Sight Card
   We send you a card to give to someone you wish to honor
   or we mail the card for you
   (include details with your donation or call us).
   The card tells them what the gift will achieve. You can add your own message too! If you would prefer to send an eCard, visit www.seva.org/mygifts and make your donation online!

Where Seva Works

United States, Mexico, Guatemala, Paraguay, Peru, Honduras, Nicaragua, Haiti, Egypt, Tanzania, Ethiopia, Kenya, Uganda, Malawi, India, Nepal, Tibet-China, Pakistan, Bangladesh, Cambodia, Myanmar, Russia.
The Gift Reaches Those Who Need It Most

Your donation supports the Seva projects you select and your generosity will change someone’s life forever!

Extended Holiday Hours:
November 28th – December 24th
Monday – Friday from 8am – 6pm
and Saturdays 9am – 5pm (PST)

(800) 223-7382
A simple 15-minute surgery can remove a cataract and restore a person’s sight.

Vishnu Maya was blind with cataract. All she could see was a fuzzy white fog. Her son carried her on his back two days through the Himalayas so that she could attend the Seva Eye Camp in Nepal. Two surgeries restored her vision. Walking home with her son she was able to see the mountains she was carried over just a few days before.
Heart of Compassion  $75 (or any amount)

By choosing the Heart of Compassion, you give so many gifts in one — the gift of healthy communities, the gift of economic opportunity, the miracle of eyesight, and much more. Seva uses your donation for the critical programs that need it most urgently. What a wonderful way to reach out to others in compassionate service!

“Helping out is not some special skill. It is not the domain of rare individuals. It is not confined to a single part of our lives. We simply heed the call of that natural impulse within and follow it where it leads us.”  

Ram Dass, Seva Foundation Co-Founder and Honorary Lifetime Board Member
Last year Seva provided eye exams for over 180,000 school children.

When doctors examined 10-month old Geeta, they discovered she was going blind from cataract she had since birth. At Lumbini Eye Institute in Nepal, Dr. Arjun Mallah removed the cataracts. Later he will implant lenses to replace the glasses. Her loving mother has her hands full keeping the glasses on her, but is thrilled that her baby can see!
Kindness for Children $100 (or any amount)

The well-being of the world’s children is a responsibility we all share.

With your special gift, you support Seva’s work to prevent and treat blindness for children around the world. From simple screening and eyeglasses to complicated surgeries, your act of compassion helps create the world that children deserve.

“When I look into a child’s eyes I see the future and I have nostalgia for that. Restoring sight to a child is one of the most important acts of kindness that there is. It warms the cockles of this old clown’s heart.”

Wavy Gravy, Seva Foundation Co-Founder, Humanitarian Activist, Clown, Author, Camp Winrarainbow Co-Director
American Indian Sight Initiative

Support Seva’s American Indian Sight Initiative $25 (or any amount)

Your gift brings Seva’s commitment to curing blindness and low vision to American Indian communities in need. Seva’s American Indian Sight Initiative provides improved access to eye care, and economic opportunity through training programs that are preparing the next generation of American Indian eye care professionals.

Train an American Indian Vision Technician $150

By supporting an American Indian student with training to become a certified Vision Technician, you help to create sustainable eye care programs within the American Indian community. As these students graduate and begin their new careers they also provide a much needed service to their communities and beyond.

Improve Access to Eye Care for American Indians $75

Your gift contributes toward vision screening, prescription eyeglasses, magnifiers and other low-vision devices in rural American Indian communities where quality vision care is neither affordable nor accessible.

236,000 Native Americans report vision loss.

We’ll send this card when you choose the AMERICAN INDIAN SIGHT INITIATIVE gift.
“The American Indian Sight Initiative brings Seva’s expertise in curing blindness to American Indian communities by providing access to vision care while respecting the dignity and traditions of the people.”

Buffy Sainte-Marie, (Cree) Academy Award-Winning Songwriter, Social Activist
Seva Merchandise

4-Pack Gift Cards  $50
Keep a few packs of these beautiful cards on hand for any occasion.

10-Pack Gift Cards  $100
You will receive two of each card pictured below.

2015 Calendar  $20
Jon Kaplan is an award-winning photographer based in Berkeley, California and Antigua, Guatemala. Enjoy this outstanding calendar of his vibrant portraits from around the world.

Baseball Cap  $25
Gray cotton, with Seva logo

Canvas Bag  $30
100% cotton, gusset bottom, 18”w x 12”h, pockets

The Wavy Gravy Movie: Saint Misbehavin’  $30
Signed by Seva co-founder, Wavy Gravy!

For Seva T-shirts, music CDs, and other merchandise, go to seva.org/mygifts.
Other Ways to Give

1. Planned Giving
A wonderful way to serve people in need for years to come by including Seva in your will or estate plans.

2. Matching Gifts
You can double or even triple your gift if your company offers a matching gifts program. If they don’t have one, suggest they start one today!

3. Donations of Stock
Gifts of stock, bonds or mutual funds can have a huge impact on poor communities.

4. Circle of Sharing
Join dedicated Seva donors who give each month to support our work.

For more information:
Visit www.seva.org or call 1-800-223-7382, 9am–5pm Monday–Friday (PST)

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Please don’t throw this catalog away! Save it for special gift-giving occasions throughout the year or pass it along to a friend or family member.

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